

AGAINST THE GRAIN

URBAN TAVERN

BRUNCH MENU

WEEKENDS & HOLIDAYS 10:30AM - 3PM

FOR THE TABLE



MIMOSAS FOR THE TABLE 30
Bottle of sparkling wine /
grapefruit or orange juice

CAESAR BAR



**Build your own
\$5 Caesar 1 oz.**
11 a.m.-3 p.m.

BRUNCH

All of our breakfasts are served with free-run eggs and Fred's Breads.

- TRADITIONAL BREAKFAST 13**
two eggs any style, bacon, peameal, potato onion hash, baked beans,
multigrain toast
- CLASSIC EGGS BENEDICT 14**
English muffin, peameal, two poached eggs, hollandaise,
potato onion hash
- SALMON BENEDICT 15**
puff pastry, smoked salmon, two poached eggs, hollandaise,
potato onion hash
- THE BRUNCHWICH 16**
sunny side egg, buttermilk fried chicken, kimchi slaw, pickles,
potato bun, potato onion hash
- 🍯 HONEY YOGURT & OATS. 15**
greek yogurt, pistachio granola, blackberries, strawberries,
banana brûlée, toasted hemp seeds, honey, mint
- 🍯 CHALLAH FRENCH TOAST. 16**
spiked maple syrup, strawberry flambé, whipped cream

- ≡ **ADD** Bacon strips +3 Farmer's sausage +4
≡ Peameal slices +3 Toast +2.5
≡

SHAREABLES

- DAILY SOUP 8**
Chef's creation
- 🍲🌱 SPICY SESAME EDAMAME 9**
ponzu nuoc cham, grilled lime
- SESAME GINGER CALAMARI 15**
savoy slaw, Thai chili dip, sesame ginger drizzle, cilantro,
black sesame seeds
- 🍷 LEVANTINE DOUBLE DIP 13**
spicy hummus, baba ganoush, flatbread, crudité
- BUFFALO BUTTER CHICKEN WINGS 15.5**
maple buffalo hollandaise, sweet soy reduction,
black and white sesame seeds
- 🍷 WARM CAMEMBERT 15**
berry and fig compote, rosemary, toasted walnuts, balsamic, crostini
- BLACKENED FISH TACOS 12**
mango jicama slaw, queso, chipotle hot sauce, shredded lettuce
- 🍷 LOADED SHEET PAN NACHOS 13**
black beans, shredded lettuce, pickled jalapeños, pickled onions,
pico de gallo, jalapeño lime crema, guacamole

- ≡ **ADD** marinated chicken +6 ground beef +6



Vegetarian



Gluten Sensitive

Items are prepared with gluten-free ingredients however we cannot guarantee dishes are 100% free of gluten due to trace amounts crossing over within our kitchen. Please consider this when ordering.



AgainstGrainTO



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U R B A N T A V E R N

SALADS

CAESAR	14
eggless sumac caesar dressing, challah croutons, bacon, parmesan	
 TAVERN	14
mesclun greens, kale, roasted edamame, goat cheese, pickled beets, cucumber, tomato	
 TUNA NICOISE	23
mesclun greens, kale, soft boiled egg, roasted edamame, olives, tomato, pickled onion, anchovy vinaigrette	
 KAREDOK	14
cabbage, cucumber, green beans, bean sprouts, radish, carrot, toasted peanut dressing, Thai basil	
 ADD TO ANY SALAD	
 marinated chicken +6 pan seared salmon +10	
 miso smoked tofu +5	

Our burgers are cooked to order, fresh, never frozen 100% Ontario chuck. Our burger buns and bread are baked fresh everyday by Fred's Bread, one of Toronto's remaining family owned & operated bakeries. There are no preservatives used in our breads. Our shoestring fries are hand cut daily and cooked to perfection.

HAND-HELDS

Served with fresh hand-cut fries. Gluten sensitive bun available +2
Substitute soup, Tavern salad, classic Caesar or sweet potato fries +3
beef gravy +3

NAAN CLUB	16.5
marinated chicken breast, shredded lettuce, tomato, cucumber, chipotle yogurt, bacon	
<i>Pairs with Henderson's Best</i>	
ATG BURGER	16
100% Ontario chuck, mayo, shredded lettuce, ripe tomato, shoestring pickle, potato bun	
<i>Pairs with Stella Artois</i>	
 BLACK BEAN BURGER	16
spicy hummus, baba ganoush mayonnaise, arugula, onion rings, potato bun	
<i>Pairs with Von Bugle, Munich Lager</i>	
CHARLESTON CHEESEBURGER	21
100% Ontario chuck, pimento cheese, bacon, shredded lettuce, mango pepper jelly, potato bun	
<i>Pairs with Steam Whistle Pilsner</i>	
THE ONION	20
100% Ontario chuck, scallion aioli, caramelized onion, pickled onion, onion rings, smoked cheddar, shredded lettuce, potato bun	
<i>Pairs with Mill Street, Cobblestone Nitro Stout</i>	
FISH SANDWICH	18
blackened haddock, mango jicama salsa, pickles, red onions, dill tartar, potato bun	
<i>Pairs with Rodney Strong, Chardonnay</i>	
FRIED CHICKEN AND PICKLES SANDWICH	17
kimchi tamarind slaw, shredded lettuce, bread and butter pickles, potato bun	
<i>Pairs with Mill Street, Hopped & Confused Session Ale</i>	

DESSERT

APPLE CRUMBLE	8
brown butter streusel, maple walnut ice cream	
THREE LAYER CHOCOLATE CAKE	10
classic three layer, chocolate icing, chocolate shavings	



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