

AGAINST THE GRAIN

U R B A N T A V E R N

MENU

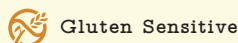
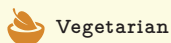
Our burgers are cooked to order, fresh, never frozen 100% Ontario chuck.
 Our burger buns and bread are baked fresh everyday by Fred's Bread,
 one of Toronto's remaining family owned & operated bakeries.
 There are no preservatives used in our breads. Our shoestring fries
 are hand cut daily and cooked to perfection.

SHARABLES

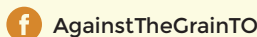
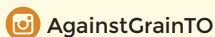
- DAILY SOUP** 8
 Chef's creation
 -  **SPICY SESAME EDAMAME** 9
 ponzu nuoc cham, grilled lime
 - SESAME GINGER CALAMARI** 15
 savoy slaw, Thai chili dip, sesame ginger drizzle, cilantro,
 black sesame seeds
 -  **LEVANTINE DOUBLE DIP** 13
 spicy hummus, baba ganoush, flatbread, crudité
 - BUFFALO BUTTER CHICKEN WINGS** 15.5
 maple buffalo hollandaise, sweet soy reduction,
 black and white sesame seeds
 -  **WARM CAMEMBERT** 15
 berry and fig compote, rosemary, toasted walnuts, balsamic, crostini
 - BLACKENED FISH TACOS** 12
 mango jicama slaw, queso, chipotle hot sauce, shredded lettuce
 -  **LOADED SHEET PAN NACHOS** 13
 black beans, shredded lettuce, pickled jalapeños, pickled onions,
 pico de gallo, jalapeño lime crema, guacamole
- ≡ **ADD** marinated chicken +6 ground beef +6

SALADS

- CAESAR** 14
 eggless sumac caesar dressing, challah croutons, bacon, parmesan
 -  **TAVERN** 14
 mesclun greens, kale, roasted edamame, goat cheese, pickled beets,
 cucumber, tomato
 -  **TUNA NICOISE.** 23
 mesclun greens, kale, soft boiled egg, roasted edamame, olives,
 tomato, pickled onion, anchovy vinaigrette
 -  **KAREDOK** 14
 cabbage, cucumber, green beans, bean sprouts, radish, carrot,
 toasted peanut dressing, Thai basil
- ≡ **ADD TO ANY SALAD**
 ≡ marinated chicken +6 pan seared salmon +10
 ≡ miso smoked tofu +5



Items are prepared with gluten-free ingredients however we cannot guarantee dishes are 100% free of gluten due to trace amounts crossing over within our kitchen. Please consider this when ordering.



AGAINST THE GRAIN

U R B A N T A V E R N

HAND-HELDS

Served with fresh hand-cut fries. Gluten sensitive bun available +2
 Substitute soup, Tavern salad, classic Caesar or sweet potato fries +3
 beef gravy +3

NAAN CLUB 16.5

marinated chicken breast, shredded lettuce, tomato, cucumber,
 chipotle yogurt, bacon

Pairs with Henderson's Best

ATG BURGER 16

100% Ontario chuck, mayo, shredded lettuce, ripe tomato,
 shoestring pickle, potato bun

Pairs with Stella Artois

 **BLACK BEAN BURGER** 16

spicy hummus, baba ganoush mayonnaise, arugula,
 onion rings, potato bun

Pairs with Von Bugle, Munich Lager

CHARLESTON CHEESEBURGER 21

100% Ontario chuck, pimento cheese, bacon, shredded lettuce,
 mango pepper jelly, potato bun

Pairs with Steam Whistle Pilsner

THE ONION 20

100% Ontario chuck, scallion aioli, caramelized onion, pickled onion,
 onion rings, smoked cheddar, shredded lettuce, potato bun

Pairs with Mill Street, Cobblestone Nitro Stout

FISH SANDWICH 18

blackened haddock, mango jicama salsa, pickles, red onions,
 dill tartar, potato bun

Pairs with Rodney Strong, Chardonnay

FRIED CHICKEN AND PICKLES SANDWICH 17

kimchi tamarind slaw, shredded lettuce, bread and butter pickles, potato bun


Pairs with Mill Street, Hopped & Confused Session Ale

ENTRÉES

STEAK FRITES 26


8oz Flat Iron steak, sous vide and cast iron seared,
 garlic parmesan fries, spicy ketchup, natural jus

Pairs with Chateau St. Jean Cabernet Sauvignon


 **CAST IRON SEARED JERK CHICKEN** 23

jerk rice, baby bok choy, pickled onion and chili,
 honey tamarind glaze, cilantro lime salt


Pairs with Watermelon Mint G&T

 **VEGETARIAN CURRY** 15

eggplant, zucchini, red skin potato, yogurt, naan, cilantro,
 lime, basmati rice

 **ADD** chicken +6 shrimp +8

Pairs with Durbanville Hills Atlantic View, Sauvignon Blanc

  **NASI GORENG** 16

Indonesian fried rice, corn, peas, fried rice noodle, raita,
 sambal, scrambled and sunny side egg

Pairs with Honey Lemonade Smash

SALMON IN DASHI 24

miso dashi broth, green lentils, broccoli, pickled enoki mushrooms

Pairs with Brickworks Batch:1904 Cider

BEER BATTERED HADDOCK AND CHIPS 18

organic lager, dill tartar sauce, lemon

Pairs with Mill Street, Original Organic

DESSERT

APPLE CRUMBLE 8

brown butter streusel, maple walnut ice cream

THREE LAYER CHOCOLATE CAKE 10

classic three layer, chocolate icing, chocolate shavings



Vegetarian



Gluten Sensitive

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