



— LUNCH MENU —

SHAREABLES

- FRENCH ONION SOUP 11
Gruyère crouton
SPICY SESAME EDAMAME 9
ponzu nuoc cham, lime
BANG BANG DUMPLINGS 12.5
carrot, green onions, furikake, chili garlic dipping sauce
CHICKEN WINGS 16
crudité, choice of: urfa biber chili lime dry rub | buffalo butter | blue cheese
LOADED SHEET PAN NACHOS 13
shredded lettuce, jalapeño, pico de gallo, black beans, pickled onion, guacamole, jalapeño lime crema
ADD marinated chicken +6 ground beef +6
FAR EAST HUMMUS 15
toasted fennel and coriander, roasted edamame, curried garbanzo, fried curry leaf, mustard seed caviar, kecap manis, warm pita
SESAME GINGER CALAMARI 15
cabbage slaw, Thai chili dip, sesame ginger drizzle, cilantro, sesame
BLACKENED FISH TACOS 12
mango jicama slaw, queso, chipotle hot sauce, shredded lettuce

SALADS

- TAVERN 14
mesclun greens, kale, goat cheese, roasted edamame, pickled beets, tomato, cucumber
Pairs with Riesling, Wildass
CAESAR 14
eggless sumac Caesar dressing, Challah croutons, bacon, parmesan, charred lemon
Pairs with Chardonnay, Rodney Strong
NOODLE BUDDHA BOWL 16
edamame, corn, shredded carrot, cucumber, avocado, red cabbage, garbanzo beans, chilled udon noodles, black bean vinaigrette, furikake
Pairs with Nectarine Sparkling Sangria
KETO COBB 23
chicken, avocado, bacon, tomato, cucumber, romaine hearts, soft boiled egg, blue cheese, green goddess dressing
Pairs with Dutch Mule
PAN SEARED TUNA NIÇOISE 23
mesclun greens, kale, seven-minute egg, roasted edamame, olives, tomatoes, pickled red onion, anchovy vinaigrette
Pairs with Rosé, Wayne Gretzky Winery
ADD TO ANY SALAD
marinated chicken +6 fried tofu +5 pan seared salmon +10

Vegetarian Gluten Sensitive Plant Based

Items are prepared with gluten-free ingredients however we cannot guarantee dishes are 100% free of gluten due to trace amounts crossing over within our kitchen. Please consider this when ordering.

HANDHELDS

Our burgers are cooked to order, fresh, never frozen 100% Ontario prime chuck. Our burger buns and bread are baked fresh everyday by Fred's Bread, one of Toronto's remaining family owned & operated bakeries. There are no preservatives used in our breads.

- ATG BURGER** 16
 100% Ontario prime chuck, lettuce, tomato, shoestring pickles, toasted brioche bun
Pairs with Henderson's Best, Amber Ale
- CHARLESTON CHEESEBURGER** 21
 100% Ontario prime chuck, pimento cheese, spicy mango pepper jelly, shredded lettuce, bacon, toasted brioche bun
Pairs with Junction Craft Brewing, Hazy IPA
- CRISPY CHICKEN SANDWICH** 17
 truffle honey hot sauce, chicken thigh, quick pickled cucumbers, shaved granny smith apples, rosemary and brioche bun
Pairs with Blackberry Bourbon Sour
- NAAN CHICKEN CLUB** 16.5
 marinated chicken breast, shredded lettuce, tomato, cucumber, bacon, chipotle yogurt
Pairs with Blackberry Bourbon Sour
- FISH SANDWICH** 18
 blackened haddock, mango jicama salsa, shoestring pickles, red onions, tartar sauce, toasted brioche bun
Pairs with Hoegaarden, Belgium Wheat
-  **LIGHTLIFE BURGER** 18
 baked kale chips, pickled beets, fried halloumi, poblano pepper relish, corn "aioli", red fife bun
Pairs with Brickworks CiderHouse, Batch: 1904
- SHORT RIB BURGER** 28
 Ontario prime ground chuck, braised short rib, garlic aioli, arugula, Gruyère, garlic buttered portobello cap, brioche bun
Pairs with Pairs with Smoke & Oak

Served with French fries. Gluten sensitive bun available +2 Substitute soup, tavern salad, classic Caesar or sweet potato fries +3 beef gravy +3

ENTRÉES

-  **CAST IRON SEARED JERK CHICKEN** 23
 jerk rice, baby bok choy, pickled chili and onion, tamarind gastrique, cilantro lime salt
 **ADD** house mango scotch bonnet hot sauce for extra spice
Pairs with Winter Tiki
-  **NASI GORENG** 16
 Indonesian fried rice, peas, corn, fried rice noodles, raita, sambal oelek, scrambled and sunny side egg
Pairs with Steam Whistle, Pilsner
- BEER BATTERED HADDOCK AND CHIPS** 18
 organic lager, dill tartar sauce, lemon
Pairs with Mill Street, Original Organic Lager
-  **PAN ROASTED SALMON** 24
 pan roasted, charred broccoli, pomme puree, smoked tomato cream
Pairs with Pinot Grigio, Cavaliere d'Oro



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