

KITCHEN APPROVED



THE GOODMAN
Pub and Kitchen

THE PERFECT VENUE TO HOLD YOUR NEXT EVENT!

Contact events@thegoodmanpub.ca for more details and to begin planning your next exciting event at The Goodman Pub and Kitchen!



COOK'S PLATE

of the day

MON \$10 STRAIGHT-UP BURGER & FRIES
ALL DAY

TUE MAC & CHEESE
Made-in-pub, peppery pub salad.

WED HONEY-SRIRACHA GLAZED PORK RIBS
chopped bacon, fried onions, pistachios, house-made chimichurri slaw,
fresh hand-cut fries. $\frac{1}{2}$ RACK 17 | FULL RACK 25

THU PIEDAY
Fresh made-in-pub pie, peppery pub salad.

FRI FISH N' CHIPS
Mill St. Organic beer-battered haddock, made-in-pub tartar sauce,
fresh hand-cut fries. 15

SAT PINCH OF THIS, DASH OF THAT *Chef's Getting Creative*
MARKET PRICE. FROM 5PM - WHILE QUANTITIES LAST

SAT + SUN
BEAT THE WINTER BLAH'S - HAPPY HOUR
ALL DAY

Something to have while you're deciding what to have!

TOGARASHI EDAMAME 🌱
sambal oelek,
soy sauce, garlic. **6**

MASSIVE PRETZEL 🍷
Rock salt, grainy Dijon. **10**

TATER TOTS 🍷
Served with garlic
Tabasco®. **6**

START HERE

TOMATO SOUP
Pretzel, sea salt. **8**

SWEET POTATO FRIES 🍷
With chipotle aioli. **9**

PARMESAN CHEESE AND TRUFFLE OIL FRIES 🍷

SPINACH ARTICHOKE DIP
Crudité, cumin dusted chips. **14**

LOADED VEGAN QUESADILLA ✓
Fresh spinach, sliced mushroom,
refried beans, jalapeños, smashed
avocado, dairy free cheese, salsa. **13**
ADD CHICKEN +6
ADD LIGHTLIFE™
PLANT BASE CRUMBLE +5

P&K POUTINE
Pork gravy, veal jus, cheese curds. **12**
ADD EXTRA CHEESE CURDS +3
ADD PULLED PORK. +5.5
SUB TATER TOTS. +3
*What's better than poutine?
Nothing, except more poutine.*

LOADED NACHOS 🍷
Cheese, jalapeños, bell peppers, green
onions, black olives, black beans, sour cream,
pico de gallo, smashed avocado. **20**

**OUR CHICKEN
IS FRESH ONTARIO
CHICKEN FROM
ARTHUR ONTARIO.
WE MARINADE
IT IN EXTRA
VIRGIN OLIVE OIL
AND FRESH HERBS.**

GREEN GOODNESS

ADD CHICKEN. +6 | SALMON. +10 | FALAFEL (5). +5

CRISPY CHICKEN COBB SALAD
Chopped lettuce, crispy fried
chicken, marinated tomatoes,
cucumbers, avocado, blue cheese,
bacon, egg, shallot vinaigrette. **18**

PALEO SALAD
Roasted turkey, cauliflower rice,
avocado, kale, spinach, almonds,
mandarin orange, lemon poppyseed
dressing. **18**

KARAAGE CHICKEN
Soy, ginger & garlic marinated
chicken, rice flour, Sriracha
teriyaki, fresh lime garnish. **14**

MEZZE BOARD 🍷
Hummus, Baba ganoush,
marinated olives, fresh crudité,
fried chickpeas, pita, EVOO. **15**

MASALA CALAMARI
Chickpea & rice flour coating,
crisp slaw, garam masala, cilantro,
spiced lemon aioli drizzle,
spicy mango dip. **16**

CAULIFLOWER BITES 🍷
Pretzel-crust, dill ranch drizzle,
tossed in your choice of sauce:
Buffalo / Korean BBQ / Gold Rush /
Honey Garlic / General Tso. **13**

WINGS
Choice of sauce:
**BUFFALO | KOREAN BBQ | GOLD RUSH |
HONEY GARLIC | GENERAL TSO**
CLASSIC WINGS
Dusted, carrots, dill ranch dip. **15**

TACOS
Inhale Tacos. Exhale Negativity.
GRILLED FISH TACOS (Two per order)
Haddock, Cotija cheese, avocado, pickled
red onion, chipotle aioli, chimichurri slaw. **14**
**KOREAN BARBECUE
JACKFRUIT TACOS** 🍷 (Two per order)
Avocado, mango, shredded cabbage,
cilantro, yogurt, jalapeños. **12.5**

HIPPIE BOWL ✓🌱
Crunchy kale, shaved Brussels
sprouts, carrots, red cabbage,
crisp cucumber, avocado, hummus,
toasted sunflower seeds, lemon
miso tahini dressing. **16**

CLASSIC CAESAR
Parmesan, croutons, bacon,
charred lemon. **14**
SMALL. **8**

PEPPERY PUB 🍷🌱
Greens, pickled beets, roasted
edamame, goat cheese, cucumber,
tomato, balsamic vinaigrette. **15**
SMALL. **8**

SIGNATURE PLATES

FISH N' CHIPS
Cooked to order! Mill Street Organic
Lager beer-battered haddock,
made-in-pub tartar sauce,
fresh hand-cut fries. **19**
ADD SECOND PIECE OF HADDOCK. +8

NOTORIOUS CHICKEN POT PIE
Made-in-Pub every morning.
Roasted chicken, kale, bacon, carrots,
onions. Served with peppery pub salad. **17**

SHEPHERD'S PIE
Red wine braised lamb and beef,
rustic vegetables, mashed potatoes,
topped with beef gravy. Served with
peppery pub salad. **18**

HONEY-SRIRACHA GLAZED PORK RIBS
Chopped bacon, fried onions, pistachios,
house-made chimichurri slaw,
fresh hand-cut fries.
½ RACK 21 | FULL RACK 30

ZEN BOWL 🌱
Fried brown rice, asparagus,
kale, onions, Brussels sprouts,
Sambal Oelek®, soy ginger sauce.
Topped with a sunny-side up egg,
sesame seeds, pineapple. **16**

ADD CHICKEN. +6
ADD SALMON. +10

THAI GREEN CURRY 🌱
Chicken, red pepper,
basil, cilantro, pistachios,
pomegranate seeds,
cauliflower, brown rice. **18.5**

FRIED CHICKEN & CHURROS
Buttermilk marinated, house
spices, bread n' butter pickles,
jalapeño cheddar mac n' cheese,
hot sauce, maple syrup. **25**

STEAK FRITES
AAA 8 oz. top sirloin, veal jus,
fresh hand-cut fries. **23**

FLAT-TOP BURGERS

**Fresh Ontario chuck, hand-formed and cooked to order on the flat-top.
Fred's Bread brioche bun with fresh hand-cut fries.**

**SUB CUP OF SOUP, SIDE PEPPERY PUB, CAESAR SALAD,
SWEET POTATO FRIES OR TATER TOTS. +3 CLASSIC POUTINE. +4**

STRAIGHT UP
Lettuce, tomato, shoestring
pickles, Russian dressing. **17**

THE PK EXPERIENCE
Double beef patty, beer battered
onion ring, cheddar cheese sauce,
mushroom, smoked bacon,
beer mustard aioli, shoestring
pickles. **24**

TURKEY BURGER
Mayo, honey Dijon, baby arugula,
salsa fresca, shoestring pickles,
Havarti cheese, smashed
avocado. **17.5**

LIGHTLIFE™ BURGER ✓
Vegan pesto, smashed avocado,
vegan chipotle aioli, crisp cucumber,
ripe tomato, arugula, red fife whole
wheat bun. **18**

Pile it on

ADD SAUTÉED MUSHROOM / ONIONS +1.5 EACH
CHEESE / BACON / AVOCADO +2 EACH
SUB GLUTEN SENSITIVE BUN. +2
SUB ICEBERG LETTUCE BUN

HAND-CRAFTED SANDWICHES

Fred's Bread Brioche bun with fresh hand-cut fries.

**SUB CUP OF SOUP, SIDE PEPPERY PUB, CAESAR SALAD,
SWEET POTATO FRIES OR TATER TOTS. +3 CLASSIC POUTINE. +4**

CRUNCHY CHICKEN
Eleven herbs and
spices, pickled jalapeño,
sweet and spicy pickle
slaw, chipotle mayo. **18**

CHICKEN SHAWARMA WRAP
Shawarma spice blend,
tomato, shaved onion,
parsley leaf, pickles,
tahini sauce, naan. **16**

P&K CLUBHOUSE
Toasted ancient grain,
honey Dijon, grilled
turkey tenderloin, bacon,
lettuce, tomato, Havarti
cheese. **18**



VEGAN



VEGETARIAN



GLUTEN SENSITIVE

Items as indicated are prepared with gluten-free ingredients however we cannot guarantee dishes are 100% free of gluten due to trace amounts crossing over within our kitchen. Please consider this when ordering from our menu or let us know if you have a food allergy or sensitivity.

DAILY TAP

All Day, Every Day
ASK WHAT WE'RE POURING

\$7
(18 oz.)

\$11
(32 oz.)

The Daily Shot
All Day, Every Day

\$4

EVAN WILLIAMS BOURBON
JOSE CUERVO TEQUILA
BUSHMILLS IRISH WHISKEY
(1 oz.)

Wine Down Wednesdays

1/2 PRICE
BOTTLES

~and~

\$6 POURS
(6 oz.)

Thorogood Thursdays

ASK WHAT
WE'RE
POURING

\$11

ONE BOURBON (1 oz.)
ONE SCOTCH (1 oz.)
ONE BEER (14 oz.)

Daily **COOK'S** *Plate*

WE'RE SWITCHING IT UP EVERY DAY OF THE WEEK

~After Dinner~

5 LAYER CARROT CAKE

Cream cheese icing, shaved coconut and walnuts. **10**

CHOCOLATE CAKE

Chocolate fudge icing. **10**

MADE IN PUB STICKY TOFFEE PUDDING

Tullamore Dew Irish Whiskey toffee sauce, whipped cream. **8**

COFFEE & TEA



Balzac's House Blend. **3.75**

COFFEE
BALZAC'S
ROASTERS

Selection of teas. **3.75**

Specialty Coffee

FEATURING BALZAC'S COFFEE

TRADITIONAL IRISH COFFEE

Balzac's Coffee, Irish whiskey, brown sugar, whipped cream. **(1 oz.) 7**

MONTE CRISTO COFFEE

Balzac's Coffee, Kahlua, Grand Marnier, whipped cream. **(1.5 oz.) 8**

MOCHA BANANA

Balzac's Coffee, Crème de Cacao, banana liqueur, whipped cream. **(1 oz.) 8**

BIG BLUEBERRY

Grand Marnier, Amaretto, freshly steeped tea. **(1.5 oz.) 8**



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