

Something to have while you're deciding what to have!

TATER TOTS \$6

TOGARASHI EDAMAME \$6

Sambal oelek, soy sauce, garlic. Served with garlic Tabasco.

MASSIVE PRETZEL \$9 Rock salt, grainy Dijon.

**INSTART** 

TRUFFLE STREET CORN GUACAMOLE \$14 🛎 🕾

Smashed avocado, charred corn truffle crema, cotija, chili-lime spice, crisp tortilla chips.

CHINESE CHILI CHICKEN \$14

Karaage chicken, sweet & spicy Chinese five spice sauce, fresh cucumber, crispy chow mein, sesame seeds.

PARMESAN TRUFFLE FRIES \$9 > SWEET POTATO FRIES \$9 >

Chipotle Aioli.

MASALA CALAMARI \$16 🙈

Chickpea & rice flour coating, crisp slaw, garam masala, cilantro, spiced lemon aioli, spicy mango dip.

CAULIFLOWER BITES \$14 >

Pretzel breaded, ranch drizzle. CHOICE OF SAUCE: Buffalo, Korean BBQ, Gold Rush, Honey Garlic

P&K POUTINE \$12

Pork gravy, fresh cut fries, cheese curds. ADD: EXTRA CHEESE CURDS+\$3

PUB CLASSIC WINGS \$16

Lightly dusted, carrots, dill ranch. CHOICE OF SAUCE: Buffalo, Korean BBQ, Gold Rush, Honey Garlic

LIL' NACHOS \$12 🙈 ъ

Cheese sauce, house cheese blend, shredded lettuce, mixed peppers, sliced jalapeño, cumin sour cream, black bean, smashed avocado, fire roasted salsa.

ADD: JACKFRUIT+\$5 🍑 | GRILLED CHICKEN+\$6

FISH TACOS \$15

Tempura battered haddock, crisp slaw, cilantro infused oil, avocado, cotija cheese.

JACKFRUIT TACO \$15 👟

Korean glazed jackfruit, mango, fresh jalapeño, honey yogurt.

## Green GOODNESS

ADD GRILLED CHICKEN+\$6 | GRILLED SALMON+\$8.5 | FALAFEL+\$6

CLASSIC CAESAR SALAD LARGE \$15 or SMALL \$11 👟

Parmesan, house baked croutons, bacon, charred lemon.

KALE & SUMMER BERRY SALAD \$17 🌢 🥵

Quinoa, strawberries, blueberries, sunflower seeds, pomegranate seeds, goat cheese, poppy seed dressing.

PEPPERY PUB SALAD LARGE \$15 or SMALL \$11 > 8

Greens, pickled beets, roasted edamame, goat cheese, cucumber, tomato, balsamic vinaigrette.

CRISPY CHICKEN COBB SALAD \$21

Mixed greens, bacon crisps, avocado, cucumber, shallot vinaigrette, grape tomato, blue cheese, crispy chicken, hard boiled egg.

HIPPIE BOWL \$16 🙈 ъ 🗸

Crunchy kale, shaved Brussels sprouts, carrots, red cabbage, red peppers, crisp cucumber, avocado, beetroot hummus, toasted sunflower seeds, miso tahini dressing.

## Signature PLATES

FISH N' CHIPS \$19 We Only Use Mill St. Organic Lager for Our Fish **COOKED TO ORDER!** Mill St. Organic beer-battered haddock, tartar sauce, charred lemon, fresh hand-cut fries. ADD SECOND PIECE OF HADDOCK+\$8

#### ZEN BOWL \$16 👟

Basmati rice, asparagus, kale, onion, red pepper, garlic, Brussel sprouts, sambal oelek, soy ginger sauce, snow peas, sunny-side egg, sesame seeds, pineapple.

ADD: CHINESE CHILI CHICKEN+\$8 | SALMON+\$8.5

#### EAST INDIAN CHICKEN CURRY S18

Chicken, house made curry sauce, potato, basmati rice, naan bread, cucumber raita. SUB: CAULIFLOWER FOR CHICKEN

#### CLASSIC CHICKEN FINGERS PLATE \$18

Plump chicken fingers, fresh hand-cut fries, spicy slaw, CHOICE OF: plum or BBQ sauce.

## Flat-Top BURGE

FRESH 100% ONTARIO CHUCK, HAND-FORMED AND COOKED TO ORDER ON THE FLAT-TOP. FRED'S BREAD BRIOCHE BUN WITH FRESH HAND-CUT FRIES.

*Pile it on:* Sautéed Mushrooms, Onion +\$1.50 Each

CHEESE, BACON, AVOCADO +\$2 EACH

SUB: SIDE PEPPERY PUB, CAESAR SALAD, SWEET POTATO FRIES, TATER TOTS \$2.50 EACH CLASSIC POUTINE+\$3

GLUTEN SENSITIVE BUN & LETTUCE WRAP AVAILABLE +\$2 EACH

#### STRAIGHT-UP S17

100% Fresh Ontario chuck, lettuce, tomato, shoestring pickles, Russian dressing.

#### lightlife Plant Based Burger \$19 🌢 🗸

Vegan pesto, smashed avocado, vegan chipotle aioli, cucumber, tomato, baby arugula, vegan bun.

#### CALI BURGER S20

100% Fresh Ontario chuck, avocado, salsa, cheese, jalapeños, spicy aioli, topped with crispy tortilla strips.

#### THE GOODMAN SPECIAL \$22

100% Fresh Ontario chuck, breaded portobello mushroom, green leaf lettuce, Sriracha lime aioli, cheese, bacon, tomato, shoestring pickles.

## Hand-Crafted SANDWICHES

SERVED WITH FRESH HAND-CUT FRIES

SUB: SIDE PEPPERY PUB. CAESAR SALAD. SWEET POTATO FRIES. TATER TOTS \$2.50 EACH CLASSIC POUTINE+\$3

#### "THE CLASSIC" CRUNCHY CHICKEN \$18

Eleven herbs and spices, pickled jalapeño, sweet and spicy pickle slaw, chipotle mayo.

#### CHICKEN SHAWARMA WRAP \$17

Signature spice blend, tomato, shaved red onion, parsley, tahini sauce, pickles, naan, lemon yogurt dressing. SUB: FALAFEL

#### TURKEY CLUBHOUSE \$18

Whole wheat honey & oat toast, crispy bacon, honey mustard, grilled turkey tenderloin, lettuce, tomato, Havarti cheese,

#### 207 QUEENS QUAY WEST | 647-341-2337

THEGOODMANPUB.CA TO OTHEGOODMANPUB

AND POPSICLE FOR DESSERT

#### DIY MINI DOGS & FRIES S13

Grilled mini hot dogs, toasted bun, ketchup, mustard & relish.

#### Ш LUNCH BOX \$13

Crackers, sliced cheddar, grapes, sliced ham.

#### KIDS FINGERS & FRIES S13

Three plump chicken fingers, fresh-cut fries & plum sauce.

#### "CLASSIC" **GRILLED CHEESE** \$13

Egg bread, cheddar cheese & ketchup served with hand-cut fries.

#### SCOOBI DOO PASTA \$13

Snow peas, and red peppers. Choice of cheesy sauce or butter.

### **DESSERTS**

#### CHURROS S8 🛎

Powdered sugar. Kickin' Caramel and Chili Chocolate Sauce

#### **IMPOSSIBLY VEGAN BROWNIE** SUNDAE S9 ∨

Vegan toffee sauce, Pub made vegan ice cream or regular ice cream

# (Illeekend)

BRUNCH 10AM - 2PM **WEEKENDS & HOLIDAYS** 







Items as indicated are prepared with gluten-free ingredients however we cannot quarantee dishes are 100% free of pluten due to trace amounts crossing over within our kitchen. Please consider this when ordering from our menu or let us know if you have a food allergy or sensitivity.