



*Take-out*  
**MENU**



**THE GOODMAN**  
*Pub and Kitchen*

207 QUEENS QUAY WEST | TORONTO | 647-341-2337

THEGOODMANPUB.CA  @THEGOODMANPUB

# START HERE

## EDAMAME 🌱🌱

Salt, sesame oil. **7**

## MASSIVE PRETZEL 🍷

Salt, grainy Dijon. **9**

## TATER TOTS 🍷

Dusted in fire salt. Served with a side of garlic-jalapeño Tabasco. **6**

**SUBSTITUTE** as a side. **+3**

## MAMA'S TOMATO SOUP 🍷

Pretzel bites. **7.5**

# WINGS

*Choice of sauce:*

Buffalo | Korean BBQ | Maple Chipotle | Jerk | Honey Garlic

## CLASSIC WINGS

Dusted. Carrots and dill ranch dip. **15**

## BONELESS BUFFALO WINGS

Crispy chicken, fresh-cut fries, carrots, dill ranch dip. **14**

## P&K DIP 🍷

Hummus, pistachio pesto, chili flakes with naan, carrots, celery. **13**

## SMASHED AVOCADO TOAST 🍷

*Think of it as pub flatbread.*

Ricotta cheese, cherry tomatoes, radish, cilantro, sunflower oil drizzle on toasted multi-grain. (Four pieces) **13.5**

## NOT YOUR AVERAGE WRAP 🌱

Romaine lettuce cups, quinoa, roasted vegetables, carrots, dried cherries, made-in-Pub green curry dressing. **13**

# TACOS *Inhale Tacos. Exhale Negativity.*

(Two to an order)

## TIKI PORK

Slow-cooked smoky pork, mango, shredded cabbage, cilantro, spicy mayo. **12.5**

## GRILLED FISH

Tilapia, Monterey Jack cheese, chipotle aioli, chimichurri slaw. **14**



VEGETARIAN



GLUTEN SENSITIVE

Items as indicated are prepared with gluten-free ingredients; however, we cannot guarantee that any items are 100% free of gluten due to trace amounts crossing over within our kitchen. Please consider this when ordering from our menu, or let us know if you have a food allergy or sensitivity.

# GREEN GOODNESS

**ADD GRILLED CHICKEN. +5.5 | SALMON. +8.5**

## PEPPERY PUB 🍷🌱

Greens, pickled beets, roasted edamame, goat cheese, cucumber, tomato, balsamic vinaigrette. **14**

## CLASSIC CAESAR

With bacon. **14**

## SPICY THAI NOODLE

Greens, savoy cabbage, chow mein, grape tomatoes, mango, avocado, green onions, mint, basil, cilantro, peanuts, Thai chili dressing. **15**

## SUPERFOOD

Baby kale, quinoa, dried cranberries, sunflower and pomegranate seeds, made-in-Pub green curry dressing. **15.5**

# SIGNATURE PLATES

## FISH N' CHIPS

**Cooked to order!** Mill St. Organic beer-battered haddock, made-in-Pub tartar sauce, fresh hand-cut fries. **18**

*Go with halibut. +6*

## NOTORIOUS CHICKEN POT PIE

**Made-in-Pub every morning.** Roasted chicken, kale, bacon, carrots, onions. Served with mashed potatoes topped with beef gravy. **17**

## THAI GREEN CURRY 🌱

Roasted chicken, red pepper, basil, cilantro, pistachios, potatoes, pomegranate seeds, jasmine rice. **18**

## ZEN BOWL 🍷

Fried brown rice, asparagus, kale, onion, Brussels sprouts, sambal oelek, soy ginger sauce. Topped with a sunny-side egg, sesame seeds, pineapple. **15**

*ADD Grilled Chicken. +5.5 ADD Salmon. +8.5*

## SAUSAGE LINGUINE

Fennel sausage sautéed with EVOO, confit garlic, blistered tomatoes, roasted leeks, mushrooms and baby spinach.

Topped with Grana Padano parmesan. **18**

## STEAK FRITES

AAA 8 oz. top sirloin, veal jus, fresh hand-cut fries. **23**

# FLAT-TOP BURGERS

**Fresh Ontario chuck, hand-formed and cooked to order on the flat-top.  
Fred's Bread bun with fresh hand-cut fries.**

*Substitute cup of soup, side Peppery Pub, Caesar Salad or sweet potato fries. +3  
Classic Poutine. +4*

## STRAIGHT UP

Lettuce, tomato, shoestring pickles, Russian dressing. **15**

## TURKEY BURGER

Mayo, honey Dijon, baby arugula, salsa fresca, shoestring pickles, Havarti cheese, sprouts, smashed avocado. **17.5**

## P&K SPECIAL BURGER

Russian dressing, smoked Cheddar, battered onion rings, lettuce, tomato, shoestring pickles. **18**

## THE ELK EXPERIENCE

Korean BBQ glazed bacon, onion ring, Cheddar cheese, sriracha aioli, lettuce, tomato, shoestring pickles. **20**

## MOROCCAN VEG BURGER 🌱

Black-bean corn patty, hummus aioli, tabouleh salad, Moroccan red pepper sauce, shoestring pickles, pickled turnips. **16**

## NONNA'S PIZZA BURGER

Mozzarella cheese, basil aioli, Nonna's secret tomato sauce, crispy fried pepperoni, parmesan cheese. **17**

*Pile it on*

**ADD** *sautéed mushrooms | onions | cheese | bacon | peameal bacon | avocado. +2.5 each  
gluten sensitive bun available. +1*

# HAND-CRAFTED SANDWICHES

**Fred's Bread with fresh hand-cut fries.**

*Substitute cup of soup, side Peppery Pub, Caesar Salad or sweet potato fries. +3  
Classic Poutine. +4*

## CRUNCHY CHICKEN

Eleven herbs and spices, pickled jalapeño, sweet and spicy pickle slaw, chipotle mayo. **17**

## WILD BOAR SLOPPY JOE

Crispy-fried onions, green peppers, pickled jalapeños, sunny-side egg, bourbon BBQ sauce. **16**

## P&K CLUBHOUSE

Toasted multi-grain, honey Dijon, grilled turkey tenderloin, bacon, lettuce, tomato, Havarti cheese. **17**

## BLACKENED FISH SANDWICH

Artisan bun, blackened haddock, dill tartar, mango jicama slaw, shoestring pickles and purple onion. **17**

*Plus applicable taxes*