MIMOSAS FOR THE TABLE! One bottle of bubbly + juice = a great start to the day!

All of our breakfasts are prepared with free-run eggs and Fred’s Breads.

BOARDWALK BREAKFAST
Two eggs any style, pork sausage, bacon, tater tots, multi-grain toast. 13

SMASHED AVOCADO
Two poached eggs, smashed avocado, baby arugula, bacon, multi-grain toast. 12.5

EGGS BENEDICT
Two poached eggs, smoked back bacon, made-in-Pub hollandaise, croissant, farmhouse potatoes, mixed greens. 14.5

SHAKSHUKA SKILLET
Two poached eggs, stewed vegetables, spinach, feta cheese, tomato jam, gremolata, multi-grain toast, mixed greens. 14

HUEVOS DIVORCIADOS
Four tortillas, sunny side up eggs, spicy black beans, salsa roja, salsa verde and smashed avocado. Served with multi-grain toast, habanero preserves and farmhouse potatoes. 14

STACK’D STRAWBERRY WHITE CHOCOLATE PANCAKES
Buttermilk pancakes, fresh strawberries, white chocolate chips, icing sugar, maple syrup, whipped cream. 15

KIDS BREAKFAST
One egg, bacon, tater tots, toast. 8

SIDES
BACON STRIPS +4 | FARMER’S SAUSAGE +4 | PEAMEAL SLICES +4 | EXTRA EGG +2

TOO FRESH FOR A PUB SMOOTHIES

VEGAN  VEGETARIAN  GLUTEN SENSITIVE

Items as indicated are prepared with gluten-free ingredients; however, we cannot guarantee that any items are 100% free of gluten due to trace amounts crossing over within our kitchen. Please consider this when ordering from our menu, or let us know if you have a food allergy or sensitivity.

THEGOODMANPUB.CA
START HERE

MAMA’S TOMATO SOUP
Pretzel bites. 8

P&K DIP
Hummus, pistachio pesto, chili flakes with naan, carrots, celery. 13

AHİ POKE BOWL
Wasabi ponzu dressing, cilantro, macadamia nuts, chilies, pineapple, avocado, wonton crisps. 16

SMOKED TROUT ‘N CRACKERS
Smoked trout spread, charred shallots, grapefruit geleé, flatbread crackers. 15

SWEET POTATO FRIES
With chipotle aioli. 9

GREEN GOODNESS

PEPPERY PUB
Greens, pickled beets, roasted edamame, goat cheese, balsamic vinaigrette. 14

CLASSIC CAESAR
With bacon. 13

SPICY THAI NOODLE
Greens, savoy cabbage, chow mein, grape tomatoes, mango, avocado, green onions, mint, basil, cilantro, peanuts, Thai chili dressing. 15

SUPERFOOD
Green wheat freekeh, green curry dressing, roasted heirloom carrots, dried cranberries & apricots, broccoli, cauliflower, blueberries, walnuts, pomegranate seeds, kale and spinach, charred lemon. 16

ADD SALMON +8.5 | ADD SEARED TUNA +10 | ADD GRILLED CHICKEN +5.5

TACOS
Inhale Tacos. Exhale Negativity. (Two to an order. Add one more. +6)

TIKI PORK
Slow-cooked smoky pork, mango, shredded cabbage, cilantro, spicy mayo. 13.5

BLACKENED FISH
Flour tortillas, avocado crema, shredded cabbage, Cotija cheese, cilantro, mango jicama salsa. 14.5

SIGNATURE PLATES

FISH & CHIPS
GCooked to order! Mill St. Organic beer-battered haddock, made-in-Pub tartar sauce, fresh hand-cut fries. 18

Go with Halibut. 23

THAI GREEN CURRY
Sautéed chicken breast, red bell pepper, potatoes, basil, cilantro, jasmine rice, pistachio, pomegranate seeds. 17

HAND-CRAFTED SANDWICHES

FRED’S BREAD WITH FRESH HAND-CUT FRIES.
Substitute cup of soup, side Peppery Pub Salad, Caesar Salad or sweet potato fries. +2 Classic Poutine. +4

CRUNCHY CHICKEN
Artisan bun, eleven herbs and spices, sweet and spicy pickle slaw, chipotle mayo. 17

PK CLUBHOUSE
Toasted multigrain, honey Dijon, beer brined turkey tenderloin, bacon, lettuce, tomato, Havarti cheese. 16

LOBSTER ROLL
Butter grilled brioche bun, Old Bay spiced fresh steamed lobster, dill caper sauce, Bibb lettuce, gherkin. 25

SLOPPY JOE
Artisan bun, crispy-fried onions, green peppers, pickled jalapeños, bourbon BBQ sauce. 16

WINGS

Carrots, celery, dill ranch dip. 16

SAUCEs
BUFFALO | KOREAN BBQ | MAPLE CHIPOTLE | JERK | HONEY GARLIC

NACHOS

Cheese, jalapeños, bell peppers, green onions, black olives, black beans, sour cream, pico de gallo, smashed avocado. 18

ADD GRILLED CHICKEN. +5.5

MORE
ADD WILD BOAR CHILI OR PULLED PORK. +5

FLAT-TOP BURGERS

FRESH ONTARIO CHICKEN, HAND-FORMED AND COOKED TO ORDER ON THE FLAT-TOP. FRED’S BREAD ARTISAN BUN WITH FRESH HAND-CUT FRIES.

SUBSTITUTE cup of soup, side Peppery Pub Salad, Caesar Salad or sweet potato fries. +2 Classic Poutine. +4

STRAIGHT UP BURGER
Lettuce, tomato, shoestring pickles, Russian dressing. 15.5

THE GOODMAN SPECIAL
Russian dressing, smoked Cheddar, lettuce, tomato, shoestring pickles, onion rings. 19

THE ELK EXPERIENCE
Korean BBQ glazed bacon, beer-battered onion ring, shoestring pickles, Cheddar cheese, sriracha aioli, tomato, lettuce. 21

NON BURGER, BURGER
Black bean patty, Swiss cheese, guacamole, arugula, chipotle mayo. 16

ADD SAUTEED MUSHROOMS / ONIONS / CHEESE / BACON / PEAMEAL BACON / AVOCADO. +2.5 EACH

SUBSTITUTE GLUTEN SENSITIVE BUN. +1

GREEN GOODNESS

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With bacon. 13

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