

A decorative background graphic featuring a stylized wave or crest design in a light gray color, positioned behind the main text.

**THE GOODMAN**  
*Pub and Kitchen*



# THE GOODMAN

## Pub and Kitchen

### START HERE

#### MAMA'S TOMATO SOUP 🍲

Pretzel bites. **8**

#### AHI POKE BOWL

Wasabi ponzu dressing, cilantro, macadamia nuts, chilies, pineapple, avocado, wonton crisps. **16**

#### P&K DIP 🍲

Hummus, pistachio pesto, chili flakes with naan, carrots, celery. **13**

#### SWEET POTATO FRIES 🍲

With chipotle aioli. **9**

#### SMOKED TROUT 'N CRACKERS

Smoked trout spread, charred shallots, grapefruit geleé, flatbread crackers. **15**

#### SMASHED AVOCADO TOAST 🍲 *Think of it as pub flatbread.*

Ricotta cheese, cherry tomatoes, radish, cilantro, sunflower oil drizzle on toasted multi-grain. (Four pieces) **14**

#### MASALA CALAMARI

Chickpea & rice flour coating, crisp slaw, garam masala, cilantro, spiced lemon aioli drizzle, spicy mango dip. **15**

#### BUFFALO CAULIFLOWER BITES 🍲

Pretzel-crusted, tossed in Frank's Hot Sauce, dill ranch drizzle. **11**

### GREEN GOODNESS

ADD SALMON +8.5

ADD SEARED TUNA +10

ADD GRILLED CHICKEN +5.5

#### PEPPERY PUB 🍲

Greens, pickled beets, roasted edamame, goat cheese, balsamic vinaigrette. **14**

#### SPICY THAI NOODLE

Greens, savoy cabbage, chow mein, grape tomatoes, mango, avocado, green onions, mint, basil, cilantro, peanuts, Thai chili dressing. **15**

#### CLASSIC CAESAR

With bacon. **13**

#### SUPERFOOD

Green wheat freekeh, green curry dressing, roasted heirloom carrots, dried cranberries & apricots, broccoli, cauliflower, blueberries, walnuts, pomegranate seeds, kale and spinach, charred lemon. **16**

### WINGS

Carrots, celery, dill ranch dip. **16**

#### Sauces:

Buffalo / Korean BBQ / Maple Chipotle / Jerk / Honey Garlic

### TACOS *Inhale Tacos. Exhale Negativity.*

(Two to an order. Add one more. +6)

#### TIKI PORK

Slow-cooked smoky pork, mango, shredded cabbage, cilantro, spicy mayo. **13.5**

#### BLACKENED FISH

Flour tortillas, avocado crema, shredded cabbage, Cotija cheese, cilantro, mango jicama salsa. **14.5**

### P&K POUTINE

Montréal classic. **9**

Substitute Tater Tots. +2

ADD PULLED PORK. +5

ADD WILD BOAR CHILI. +5

*What's better than poutine? Nothing, except more poutine.*

### LOADED NACHOS 🍲

Cheese, jalapeños, bell peppers, green onions, black olives, black beans, sour cream, pico de gallo, smashed avocado. **18**

*There's more!*

ADD CHICKEN. +5.5

ADD WILD BOAR CHILI. +5

ADD PULLED PORK. +5



VEGAN



VEGETARIAN



GLUTEN SENSITIVE

Items as indicated are prepared with gluten-free ingredients however we cannot guarantee dishes are 100% free of gluten due to trace amounts crossing over within our kitchen. Please consider this when ordering from our menu or let us know if you have a food allergy or sensitivity.

WE BRINE OUR CHICKEN IN  
MILL ST. ORGANIC LAGER BECAUSE WE  
LOVE BEER AND IT MAKES EVERYTHING  
TASTE EVEN BETTER.

# SIGNATURE PLATES

## FISH & CHIPS

**Cooked to order!** Mill St. Organic beer-battered haddock, made-in-Pub tartar sauce, fresh hand-cut fries. **18**

*Go with Halibut.* **23**

## THAI GREEN CURRY 🌿

Sautéed chicken breast, red bell pepper, potatoes, basil, cilantro, jasmine rice, pistachio, pomegranate seeds. **17**

## BAYOU JAMBALAYA PASTA

Creole sauce, Andouille sausage, sautéed chicken breast, shrimp, penne, crispy fried onions. **19**

## BEER-BRAISED ASIAN SHORT RIBS

Sticky ginger sauce, pan fried chili garlic gai lan, steamed rice, herb salad. **28**

## ZEN BOWL

Fried brown rice, asparagus, kale, onion, Brussels sprouts, sambal oelek, soy ginger sauce. Topped with a sunny-side egg, sesame seeds, pineapple. **15**

**ADD TAIWANESE STYLE CRISPY CHICKEN +6**  
**ADD SALMON +8.5**

## NOTORIOUS CHICKEN POT PIE

Made-in-Pub every morning. Sautéed chicken, kale, bacon, carrots, onions. Served with Peppery Pub Salad. **18**

## CHIPOTLE BEER-B-Q RIBS

Slow cooked St. Louis cut side ribs, chipotle & beer BBQ sauce, fresh-cut fries and spicy slaw. **26**

# FLAT-TOP BURGERS

**Fresh Ontario chuck, hand-formed and cooked to order on the flat-top.**  
**Fred's Bread Artisan bun with fresh hand-cut fries.**

*Substitute cup of soup, side Peppery Pub Salad, Caesar Salad or sweet potato fries. +2 Classic Poutine. +4*

## STRAIGHT UP

Lettuce, tomato, shoestring pickles, Russian dressing. **15.5**

## THE ELK EXPERIENCE

Korean BBQ glazed bacon, beer-battered onion ring, shoestring pickles, Cheddar cheese, sriracha aioli, tomato, lettuce. **21**

## TURKEY BURGER

Mayo, honey Dijon, baby arugula, salsa fresca, shoestring pickles, sprouts, Havarti cheese, smashed avocado. **18**

## THE GOODMAN SPECIAL

Russian dressing, smoked Cheddar, lettuce, tomato, shoestring pickles, onion rings. **19**

## SURF N' TURF BURGER

Baby arugula, creole remoulade, bacon, mornay sauce, brown butter lobster, baby arugula, tomato and shoestring pickles. **22**

## NON BURGER, BURGER 🍷

Black bean patty, Swiss cheese, guacamole, arugula, chipotle mayo. **16**

*Pile it on*

**ADD sautéed mushrooms | onions | cheese | bacon | peameal bacon | avocado. +2.5 each**  
*gluten sensitive bun available. +1*

# HAND-CRAFTED SANDWICHES

**Fred's Bread with fresh hand-cut fries.**

*Substitute cup of soup, side Peppery Pub Salad, Caesar Salad or sweet potato fries. +2 Classic Poutine. +4*

## CRUNCHY CHICKEN

Artisan bun, eleven herbs and spices, sweet and spicy pickle slaw, chipotle mayo. **17**

## PK CLUBHOUSE

Toasted multigrain, honey Dijon, beer brined turkey tenderloin, bacon, lettuce, tomato, Havarti cheese. **16**

## LOBSTER ROLL

Butter grilled brioche bun, Old Bay spiced fresh steamed lobster, dill caper sauce, Bibb lettuce, gherkin. **25**

## SLOPPY JOE

Artisan bun, crispy-fried onions, green peppers, pickled jalapeños, bourbon BBQ sauce. **16**



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