



THE GOODMAN
Pub and Kitchen

THE GOODMAN

Pub and Kitchen

START HERE

MAMA'S TOMATO SOUP 🍲

Pretzel bites. **8**

AHI POKE BOWL

Wasabi ponzu dressing, cilantro, macadamia nuts, chilies, pineapple, avocado, wonton crisps. **16**

P&K DIP 🍲

Hummus, pistachio pesto, chili flakes with naan, carrots, celery. **13**

SWEET POTATO FRIES 🍲

With chipotle aioli. **9**

SMOKED TROUT 'N CRACKERS

Smoked trout spread, charred shallots, grapefruit geleé, flatbread crackers. **15**

SMASHED AVOCADO TOAST 🍲 *Think of it as pub flatbread.*

Ricotta cheese, cherry tomatoes, radish, cilantro, sunflower oil drizzle on toasted multi-grain. (Four pieces) **14**

MASALA CALAMARI

Chickpea & rice flour coating, crisp slaw, garam masala, cilantro, spiced lemon aioli drizzle, spicy mango dip. **15**

BUFFALO CAULIFLOWER BITES 🍲

Pretzel-crusting, tossed in Frank's Hot Sauce, dill ranch drizzle. **11**

GREEN GOODNESS

ADD SALMON +8.5

ADD SEARED TUNA +10

ADD GRILLED CHICKEN +5.5

PEPPERY PUB 🍲🌱

Greens, pickled beets, roasted edamame, goat cheese, balsamic vinaigrette. **14**

SPICY THAI NOODLE

Greens, savoy cabbage, chow mein, grape tomatoes, mango, avocado, green onions, mint, basil, cilantro, peanuts, Thai chili dressing. **15**

CLASSIC CAESAR

With bacon. **13**

SUPERFOOD 🍲

Green wheat freekeh, green curry dressing, roasted heirloom carrots, dried cranberries & apricots, broccoli, cauliflower, blueberries, walnuts, pomegranate seeds, kale and spinach, charred lemon. **16**

WINGS

Carrots, celery, dill ranch dip. **16**

Sauces:

Buffalo / Korean BBQ / Maple Chipotle / Jerk / Honey Garlic

TACOS

(Two to an order. Add one more. +6)

Inhale Tacos. Exhale Negativity.

TIKI PORK

Slow-cooked smoky pork, mango, shredded cabbage, cilantro, spicy mayo. **13.5**

BLACKENED FISH

Flour tortillas, avocado crema, shredded cabbage, Cotija cheese, cilantro, mango jicama salsa. **14.5**

P&K POUTINE

Montréal classic. **9**

Substitute Tater Tots. +2

ADD PULLED PORK. +5

ADD WILD BOAR CHILI. +5

What's better than poutine?

Nothing, except more poutine.

LOADED NACHOS 🍲

Cheese, jalapeños, bell peppers, green onions, black olives, black beans, sour cream, pico de gallo, smashed avocado. **18**

There's more!

ADD CHICKEN. +5.5

ADD WILD BOAR CHILI. +5

ADD PULLED PORK. +5



VEGETARIAN



GLUTEN SENSITIVE

Items as indicated are prepared with gluten-free ingredients however we cannot guarantee dishes are 100% free of gluten due to trace amounts crossing over within our kitchen. Please consider this when ordering from our menu or let us know if you have a food allergy or sensitivity.

WE BRINE OUR CHICKEN IN
MILL ST. ORGANIC LAGER BECAUSE WE
LOVE BEER AND IT MAKES EVERYTHING
TASTE EVEN BETTER.

SIGNATURE PLATES

FISH & CHIPS

Cooked to order! Mill St. Organic beer-battered haddock, made-in-Pub tartar sauce, fresh hand-cut fries. **18**

Go with Halibut. **23**

THAI GREEN CURRY

Sautéed chicken breast, red bell pepper, potatoes, basil, cilantro, jasmine rice, pistachio, pomegranate seeds. **17**

BAYOU JAMBALAYA PASTA

Creole sauce, Andouille sausage, sautéed chicken breast, shrimp, penne, crispy fried onions. **19**

BEER-BRAISED ASIAN SHORT RIBS

Sticky ginger sauce, pan fried chili garlic gai lan, steamed rice, herb salad. **28**

ZEN BOWL

Fried brown rice, asparagus, kale, onion, Brussels sprouts, sambal oelek, soy ginger sauce. Topped with a sunny-side egg, sesame seeds, pineapple. **15**

ADD TAIWANESE STYLE CRISPY CHICKEN +6
ADD SALMON +8.5

NOTORIOUS CHICKEN POT PIE

Made-in-Pub every morning. Sautéed chicken, kale, bacon, carrots, onions. Served with Peppery Pub Salad. **18**

CHIPOTLE BEER-B-Q RIBS

Slow cooked St. Louis cut side ribs, chipotle & beer BBQ sauce, fresh-cut fries and spicy slaw. **26**

FLAT-TOP BURGERS

Fresh Ontario chuck, hand-formed and cooked to order on the flat-top.
Fred's Bread Artisan bun with fresh hand-cut fries.

Substitute cup of soup, side Peppery Pub Salad, Caesar Salad or sweet potato fries. +2 Classic Poutine. +4

STRAIGHT UP

Lettuce, tomato, shoestring pickles, Russian dressing. **15.5**

THE ELK EXPERIENCE

Korean BBQ glazed bacon, beer-battered onion ring, shoestring pickles, Cheddar cheese, sriracha aioli, tomato, lettuce. **21**

TURKEY BURGER

Mayo, honey Dijon, baby arugula, salsa fresca, shoestring pickles, sprouts, Havarti cheese, smashed avocado. **18**

THE GOODMAN SPECIAL

Russian dressing, smoked Cheddar, lettuce, tomato, shoestring pickles, onion rings. **19**

SURF N' TURF BURGER

Baby arugula, creole remoulade, bacon, mornay sauce, brown butter lobster, baby arugula, tomato and shoestring pickles. **22**

NON BURGER, BURGER

Black bean patty, Swiss cheese, guacamole, arugula, chipotle mayo. **16**

Pile it on

ADD sautéed mushrooms | onions | cheese | bacon | peameal bacon | avocado. **+2.5 each**
gluten sensitive bun available. **+1**

HAND-CRAFTED SANDWICHES

Fred's Bread with fresh hand-cut fries.

Substitute cup of soup, side Peppery Pub Salad, Caesar Salad or sweet potato fries. +2 Classic Poutine. +4

CRUNCHY CHICKEN

Artisan bun, eleven herbs and spices, sweet and spicy pickle slaw, chipotle mayo. **17**

PK CLUBHOUSE

Toasted multigrain, honey Dijon, beer brined turkey tenderloin, bacon, lettuce, tomato, Havarti cheese. **16**

LOBSTER ROLL

Butter grilled brioche bun, Old Bay spiced fresh steamed lobster, dill caper sauce, Bibb lettuce, gherkin. **25**

WILD BOAR SLOPPY JOE

Artisan bun, crispy-fried onions, green peppers, pickled jalapeños, bourbon BBQ sauce. **16**



207 QUEENS QUAY WEST | TORONTO | 647-341-2337

THEGOODMANPUB.CA   THEGOODMANPUB