

KITCHEN APPROVED

EAST OF BRUNSWICK
Pub and Kitchen

THE PERFECT VENUE TO HOLD YOUR NEXT EVENT!

Contact events@eastofbrunswick.ca for more details and to begin planning your next exciting event
at East of Brunswick Pub and Kitchen!



COOK'S PLATE

of the day

MON \$10 STRAIGHT-UP BURGER & FRIES
ALL DAY

TUE MAC & CHEESE
Made-in-pub, peppery pub salad.

WED HONEY-SRIRACHA GLAZED PORK RIBS
chopped bacon, fried onions, pistachios, house-made chimichurri slaw,
fresh hand-cut fries. ½ RACK 21 | FULL RACK 30

THU PIEDAY
Fresh made-in-pub pie, peppery pub salad.

FRI FISH N' CHIPS
Mill St. Organic beer-battered haddock, made-in-pub tartar sauce,
fresh hand-cut fries. 15

SAT PINCH OF THIS, DASH OF THAT *Chef's Getting Creative*
MARKET PRICE. FROM 5PM - WHILE QUANTITIES LAST

MON - FRI
BEAT THE WINTER BLAH'S - HAPPY HOUR
3PM-6PM & 10PM - CLOSE

Something to have while you're deciding what to have!

TOGARASHI EDAMAME 🌱
sambal oelek,
soy sauce, garlic. **6**

MASSIVE PRETZEL 🥨
Rock salt, grainy Dijon. **9**

TATER TOTS 🥔
Served with garlic
Tabasco®. **6**

START HERE

THREE CHEESE BEER SOUP
Crispy bacon, sour cream. **8**

SWEET POTATO FRIES 🍟
With chipotle aioli. **8**

FRESH HANDCUT FRIES 7
**ADD PARMESAN CHEESE
AND TRUFFLE OIL +2**

SPINACH ARTICHOKE DIP
Crudité, cumin dusted chips. **12.5**

CAULIFLOWER BITES 🥦
Pretzel-crust, dill ranch drizzle,
tossed in your choice of sauce:
Buffalo / Korean BBQ / Gold Rush /
Honey Garlic / General Tso. **12**

P&K POUTINE

Pork gravy, veal jus, cheese curds. **11**
ADD PULLED PORK. +5.5
SUB TATER TOTS. +3
*What's better than poutine?
Nothing, except more poutine.*

LOADED NACHOS

Cheese, jalapeños, bell peppers, green
onions, black olives, black beans, sour cream,
pico de gallo, smashed avocado. **17.5**

**OUR CHICKEN
IS FRESH ONTARIO
CHICKEN FROM
ARTHUR ONTARIO.
WE MARINATE
IT IN EXTRA
VIRGIN OLIVE OIL
AND FRESH HERBS.**

GREEN GOODNESS

ADD CHICKEN. +6 | SALMON. +8.5 | FALAFEL (5). +5

CRISPY CHICKEN COBB SALAD
Chopped lettuce, crispy fried
chicken, marinated tomatoes,
cucumbers, avocado, blue cheese,
bacon, egg, shallot vinaigrette. **18**

PALEO SALAD
Roasted turkey, cauliflower rice,
avocado, kale, spinach, almonds,
mandarin orange, lemon poppyseed
dressing. **18**

KARAAGE CHICKEN
Soy, ginger & garlic marinated
chicken, rice flour, Sriracha
teriyaki, fresh lime garnish. **12**

MEZZE BOARD 🥗
Hummus, Baba ganoush,
marinated olives, fresh crudité,
fried chickpeas, pita, EVOO. **15**

MASALA CALAMARI
Chickpea & rice flour coating,
crisp slaw, garam masala, cilantro,
spiced lemon aioli drizzle,
spicy mango dip. **15**

LOADED VEGAN QUESADILLA 🌱
Fresh spinach, sliced mushroom,
refried beans, jalapeños,
smashed avocado, dairy free
cheese, salsa. **13**
ADD CHICKEN +6
**ADD LIGHTLIFE™
PLANT BASE CRUMBLE +5**

WINGS

Choice of sauce: BUFFALO | KOREAN BBQ |
HONEY GARLIC | GOLD RUSH | GENERAL TSO

CLASSIC WINGS
Dusted, carrots, dill ranch dip. **15**

LIL'NACHO 🥑
Same stuff as our regular
loaded Nacho but "Lil". **10**

There's more! **ADD CHICKEN. +6**
ADD PULLED PORK. +5.5

TACOS

Inhale Tacos. Exhale Negativity.

GRILLED FISH TACOS (Two per order)
Tilapia, Monterey Jack cheese, avocado,
chipotle aioli, chimichurri slaw. **14**

**KOREAN BARBECUE
JACKFRUIT TACOS** 🥑 (Two per order)
Avocado, mango, shredded cabbage,
cilantro, yogurt, jalapeños. **12.5**

HIPPIE BOWL 🌱🥗
Crunchy kale, shaved Brussels
sprouts, carrots, red cabbage,
crisp cucumber, avocado, hummus,
toasted sunflower seeds, lemon
miso tahini dressing. **15**

CLASSIC CAESAR
Parmesan, croutons, bacon,
charred lemon. **14**
SMALL. **8**

PEPPERY PUB 🍷🥗
Greens, pickled beets, roasted
edamame, goat cheese, cucumber,
tomato, balsamic vinaigrette. **14**
SMALL. **8**

SIGNATURE PLATES

FISH N' CHIPS
Cooked to order! Mill Street Organic
Lager beer-battered haddock,
made-in-pub tartar sauce,
fresh hand-cut fries. **18**
ADD SECOND PIECE OF HADDOCK. +8

NOTORIOUS CHICKEN POT PIE
Made-in-Pub every morning.
Roasted chicken, kale, bacon, carrots,
onions. Served with peppery pub salad. **17**

SHEPHERD'S PIE
Red wine braised lamb and beef,
rustic vegetables, mashed potatoes,
topped with beef gravy. Served with
peppery pub salad. **18**

THAI GREEN CURRY 🌱
Roasted chicken, red pepper, basil,
cilantro, pistachios, red potatoes,
pomegranate seeds, jasmine rice. **18**

ZEN BOWL 🥗
Fried brown rice, asparagus,
kale, onions, Brussels sprouts,
Sambal Oelek, soy ginger sauce.
Topped with a sunny-side up egg,
sesame seeds, pineapple. **15**

ADD CHICKEN. +6
ADD SALMON. +8.5

**FRIED CHICKEN
& CHURROS**
Buttermilk marinated,
house spices, bread n' butter
pickles, jalapeño cheddar
mac n' cheese, hot sauce,
maple syrup. **23**

STEAK FRITES
AAA 8 oz. top sirloin,
veal jus, fresh
hand-cut fries. **23**

FLAT-TOP BURGERS

**Fresh Ontario chuck, hand-formed and cooked to order on the flat-top.
Fred's Bread brioche bun with fresh hand-cut fries.**

**SUB CUP OF SOUP, SIDE PEPPERY PUB, CAESAR SALAD,
SWEET POTATO FRIES OR TATER TOTS. +3 CLASSIC POUTINE. +4**

STRAIGHT UP
Lettuce, tomato, shoestring
pickles, Russian dressing. **15.5**

THE PK EXPERIENCE
Double beef patty, beer battered
onion ring, cheddar cheese sauce,
mushroom, smoked bacon,
beer mustard aioli, shoestring
pickles. **24**

TURKEY BURGER
Mayo, honey Dijon, baby arugula,
salsa fresca, shoestring pickles,
Havarti cheese, smashed
avocado. **17.5**

LIGHTLIFE™ BURGER 🌱
Vegan pesto, smashed avocado,
vegan chipotle aioli, crisp cucumber,
ripe tomato, arugula, red fife whole
wheat bun. **17**

Pile it on

ADD SAUTÉED MUSHROOM / ONIONS +1.5 EACH
CHEESE / BACON / AVOCADO +2 EACH
SUB GLUTEN SENSITIVE BUN. +2
SUB ICEBERG LETTUCE BUN

HAND-CRAFTED SANDWICHES

Fred's Bread Brioche bun with fresh hand-cut fries.

**SUB CUP OF SOUP, SIDE PEPPERY PUB, CAESAR SALAD,
SWEET POTATO FRIES OR TATER TOTS. +3 CLASSIC POUTINE. +4**

**CRUNCHY
CHICKEN**
Eleven herbs and
spices, pickled jalapeño,
sweet and spicy pickle
slaw, chipotle mayo. **17**

**CHICKEN
SHAWARMA WRAP**
Shawarma spice blend,
tomato, shaved onion,
parsley leaf, pickles,
tahini sauce, naan. **16**

**P&K
CLUBHOUSE**
Toasted ancient grain,
honey Dijon, grilled
turkey tenderloin, bacon,
lettuce, tomato, Havarti
cheese. **16.75**



VEGAN



VEGETARIAN



GLUTEN SENSITIVE

Items as indicated are prepared with gluten-free ingredients however we cannot guarantee dishes are 100% free of gluten due to trace amounts crossing over within our kitchen. Please consider this when ordering from our menu or let us know if you have a food allergy or sensitivity.

DAILY TAP

All Day, Every Day
ASK WHAT WE'RE POURING

\$4
(14 oz.)

\$11
(32 oz.)

The Daily Shot
All Day, Every Day

\$3.50

EVAN WILLIAMS BOURBON
JOSE CUERVO TEQUILA
BUSHMILLS IRISH WHISKEY
(1 oz.)

Wine Down Wednesdays
1/2 PRICE
BOTTLES OF WINE

Thorogood Thursdays

ASK WHAT
WE'RE
POURING

\$11

ONE BOURBON (1 oz.)
ONE SCOTCH (1 oz.)
ONE BEER (14 oz.)

Daily **COOK'S** *Plate*

WE'RE SWITCHING IT UP EVERY DAY OF THE WEEK

~After Dinner~

5 LAYER CARROT CAKE

Cream cheese icing, hazelnuts. **8**

CHOCOLATE CAKE

Chocolate fudge icing. **8**

MADE IN PUB STICKY TOFFEE PUDDING

Tullamore Dew Irish Whiskey
toffee sauce, whipped cream. **8**

COFFEE & TEA



Balzac's
House Blend. **3.75**

COFFEE
BALZAC'S
ROASTERS

Selection of teas. **3.75**

Specialty Coffee

FEATURING BALZAC'S COFFEE

TRADITIONAL IRISH COFFEE

Balzac's Coffee, Irish whiskey,
brown sugar, whipped cream. **(1 oz.) 7**

MONTE CRISTO COFFEE

Balzac's Coffee, Kahlua, Grand
Marnier, whipped cream. **(1.5 oz.) 8**

MOCHA BANANA

Balzac's Coffee, Crème de Cacao,
banana liqueur, whipped cream. **(1 oz.) 8**

BIG BLUEBERRY

Grand Marnier, Amaretto, freshly
steeped tea. **(1.5 oz.) 8**



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