

# EAST OF BRUNSW CK

Pub and Kitchen

# START HERE

# BEER NUTSó®

Warm, honey-roasted peanuts. 6

## **EDAMAME** ♥ ❖ ⊗

Salt, sesame oil. 6

# MASSIVE PRETZEL VS

Salt, grainy Dijon. 9

## TATER TOTS >

Dusted in fire salt. Served with a side of garlic-jalapeño Tabasco. **5 SUBSTITUTE** *as a side.* **2** 

# MAMA'S TOMATO SOUP 👟

Pretzel bites. 7.5

# P&K DIP ♥≥

Hummus, pistachio pesto, chili flakes. Served with naan, carrots, celery. **13** 

### TOCINO PORK SLIDERS

Sweet cured pork, mini buns, pickled cucumber, sriracha mayo, red chilies, cilantro. **13.5** (*Three to an order*)

# SMASHED AVOCADO TOAST &

# Think of it as pub flatbread.

Ricotta cheese, cherry tomatoes, radish, cilantro, sunflower oil drizzle on toasted multi-grain. (Four pieces) 13.5

# NOT YOUR AVERAGE WRAP

Romaine lettuce cups, quinoa, roasted vegetables, carrots, dried cherries, made-in-Pub green curry dressing. **13** 

# Inhale Tacos. Exhale Negativity.

# **TACOS**

(Two to an order. Add one more. +6)

# TIKI PORK

Slow-cooked smoky pork, mango, shredded cabbage, cilantro, spicy mayo. **12.5** 

### **GRILLED FISH**

Tilapia, Monterey Jack cheese, chipotle aioli, chimichurri slaw. **14** 

# WINGS

Dusted. Carrots, celery, dill ranch dip. **15** 

# Sauces:

Buffalo / Korean BBQ / Maple Chipotle / Jerk / Honey Garlic

# VEGAN





Items as indicated are prepared with gluten-free ingredients; however, we cannot guarantee that any items are 100% free of gluten due to trace amounts crossing over within our kitchen. Please consider this when ordering from our menu, or let us know if you have a food allergy or sensitivity.

# **GREEN GOODNESS**

ADD GRILLED CHICKEN. +5.5 | ADD TOP SIRLOIN STEAK. +8.5 | ADD SALMON. +8.5

# PEPPERY PUB > 8

Greens, pickled beets, roasted edamame, goat cheese, balsamic vinaigrette. **13** 

# **CLASSIC CAESAR**

With bacon, 13

### SPICY THAI NOODLE

Greens, Savoy cabbage, chow mein, grape tomatoes, mango, avocado, green onions, mint, basil, cilantro, peanuts, Thai chili dressing. **14** 

# SUPERFOOD >

Baby kale, quinoa, dried cranberries, sunflower and pomegranate seeds, made-in-Pub green curry dressing. **15** 

# SIGNATURE PLATES

#### FISH N' CHIPS

Cooked to order! Mill St. Organic beer-battered haddock, made-in-Pub tartar sauce, fresh hand-cut fries. 17

Go with halibut. 23

# NOTORIOUS CHICKEN POT PIE

**Made-in-Pub every morning.** Sautéed chicken, kale, bacon, carrots, onions, Peppery Pub Salad. **16** 

#### THAI GREEN CURRY 8

Sautéed chicken, red pepper, basil, cilantro, pistachios, potatoes, pomegranate seeds, jasmine rice. **17** 

# ZEN BOWL 🗸 ъ

Fried brown rice, asparagus, kale, onion, Brussels sprouts, sambal oelek, soy ginger sauce. Topped with a sunny-side egg, sesame seeds, pineapple. **14**With Taiwanese style crispy chicken. **19.5** 

### JFC RAMEN

Japanese fried chicken, chicken broth, seasoned egg, garlic, Sambal Oelek, tofu, enoki mushroom, edamame, roasted corn. 17

#### PAN-SEARED SALMON

Pistachio-pesto, cauliflower, farro salad. 23

### STEAK FRITES

AAA 10oz top sirloin, veal jus, fresh hand-cut fries. 23

# **FLAT-TOP BURGERS**

Fresh Ontario chuck, hand-formed and cooked to order on the flat-top.

Fred's Bread bun with fresh hand-cut fries.

Substitute cup of soup, side Peppery Pub, Caesar Salad or sweet potato fries. **+2**Classic Poutine. **+4** 

#### STRAIGHT UP

Lettuce, tomato, shoestring pickles, Russian dressing. **14.5** 

#### THE ELK EXPERIENCE

Korean BBQ glazed bacon, onion ring, Cheddar cheese, sriracha aioli, lettuce, tomato, shoestring pickles. **19.5** 

# NON BURGER, BURGER 🍛

Black bean patty, Swiss cheese, guacamole, arugula, shoestring pickles, chipotle mayo. **14.5** 

#### TURKEY BURGER

Mayo, honey Dijon, baby arugula, salsa fresca, shoestring pickles, Havarti cheese, sprouts, smashed avocado. **17** 

#### **P&K SPECIAL BURGER**

Russian dressing, smoked Cheddar, battered onion rings, lettuce, tomato, shoestring pickles. **18** 



ADD sautéed mushrooms | onions | cheese | bacon | peameal bacon | avocado. +2.5 each gluten sensitive bun available. +1

# HAND-CRAFTED SANDWICHES

Fred's Bread with fresh hand-cut fries.

Substitute cup of soup, side Peppery Pub, Caesar Salad or sweet potato fries. +2

Classic Poutine. +4

# CRUNCHY CHICKEN

Eleven herbs and spices, sweet and spicy pickle slaw, chipotle mayo. **16** 

#### WILD BOAR SLOPPY JOE

Crispy-fried onions, green peppers, pickled jalapeños, sunny-side egg, bourbon BBQ sauce. **15** 

#### P&K CLUBHOUSE

Toasted multigrain, honey Dijon, grilled turkey tenderloin, bacon, lettuce, tomato, Havarti cheese. **16** 

#### LOBSTER CLUB

Spiced lobster salad, celery, green onion, baby arugula, tomato, bacon on toasted sourdough. **17**