



## SMALL PLATES



### SPICY SESAME EDAMAME

ponzu nuoc cham, lime

9



### FAR EAST HUMMUS

toasted fennel and coriander, roasted edamame, curried garbanzo, fried curry leaf, mustard seed caviar, kecap manis, warm pita

15

### SESAME GINGER CALAMARI

cabbage slaw, Thai chili dip, sesame ginger drizzle, cilantro, sesame

15

### CHICKEN WINGS

cured wings, crudité, blue cheese  
choice of: urfa biber chili dry rub or buffalo butter

17

### BLACKENED FISH TACOS

mango jicama slaw, queso, chipotle hot sauce, shredded lettuce

14



### JACKFRUIT TACOS

smoked jackfruit, street corn salsa, shredded lettuce, cabbage, guajillo BBQ sauce

14.5

### ONTARIO PRIME RIB SLIDERS

brioche bun, shoestring pickles, spicy house mustard, fried salami, cheddar

18

## SALADS



### TAVERN

mesclun greens, kale, goat cheese, roasted edamame, pickled beets, tomato, cucumber

14

### CAESAR

eggless sumac Caesar dressing, Challah croutons, bacon, parmesan, charred lemon

14



### SUGAR BEACH SALAD

lobster, crab, baby shrimp, smashed avocado, bacon, egg, tomato, arugula, tarragon mustard vinaigrette, coriander aioli

25



### NOODLE BUDDHA BOWL

edamame, corn, shredded carrot, cucumber, avocado, red cabbage, garbanzo beans, chilled udon noodles, black bean vinaigrette, furikake

16

### ADD TO ANY SALAD

marinated chicken +6    falafel +5    pan seared salmon +10

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Vegetarian

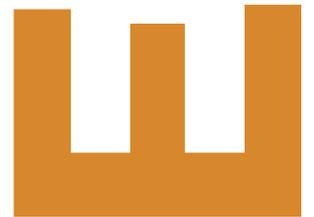
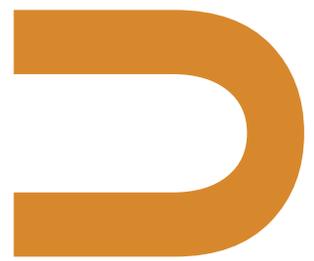


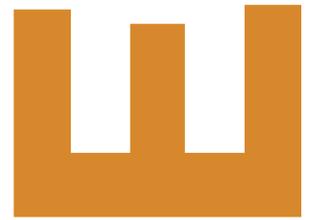
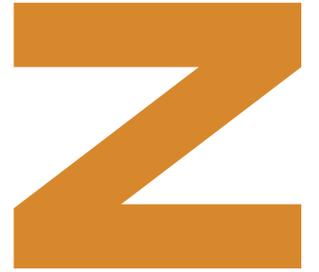
Gluten Sensitive



Plant Based

Items are prepared with gluten-free ingredients however we cannot guarantee dishes are 100% free of gluten due to trace amounts crossing over within our kitchen. Please consider this when ordering.





## HANDHELDS

Our burgers are cooked to order, fresh, never frozen 100% Ontario prime chuck.  
Our burger buns and bread are baked fresh everyday by Fred's Bread, one of Toronto's remaining family owned & operated bakeries. There are no preservatives used in our breads.

**ATG BURGER** 17

100% Ontario prime chuck, lettuce, tomato, mayonnaise, shoestring pickles, toasted brioche bun

**CHARLESTON CHEESEBURGER** 21

100% Ontario prime chuck, pimento cheese, spicy mango pepper jelly, shredded lettuce, bacon, toasted brioche bun

**NAAN CHICKEN CLUB** 18

marinated chicken breast, shredded lettuce, tomato, cucumber, bacon, chipotle yogurt

**FRIED CHICKEN SANDWICH** 21

swiss cheese, bread and butter pickles, spicy slaw, buttermilk ranch, creole mustard, toasted brioche bun

 **LIGHTLIFE BURGER** 21

baked kale chips, pickled beets, fried halloumi, poblano pepper relish, corn "aioli", red fife bun

Served with French fries. Gluten sensitive bun available +2  
Substitute tavern salad, classic Caesar or sweet potato fries +3 beef gravy +3

## ENTRÉES

 **CAST IRON SEARED JERK CHICKEN** 23

jerk rice, baby bok choy, pickled chili and onion, tamarind gastrique, cilantro lime salt

 **ADD** house mango scotch bonnet hot sauce +2

  **NASI GORENG** 17

Indonesian fried rice, peas, corn, fried rice noodles, raita, sambal oelek, scrambled and sunny-side egg

**FISH N' CHIPS** 22

Cooked to order, battered haddock, fresh hand-cut fries, dill tartar sauce & charred lemon.

**STEAK FRITES** 34

10oz. AAA Striploin, truffle sage fries, garlic mushrooms, roasted garlic mayonnaise

## DESSERT

**CHOCOLATE CAKE** 10

chocolate fudge icing, shaved dark chocolate, whipped cream

**5 LAYER CARROT CAKE** 10

cream cheese icing, shredded coconut



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