

THE GOODMAN

Pub and Kitchen

Something to have while you're deciding what to have!

TOGARASHI EDAMAME \$6

Sambal oelek, soy sauce, garlic.

TATER TOTS \$6

Served with garlic Tabasco.

MASSIVE PRETZEL \$9

Rock salt, grainy Dijon.

To START

TRUFFLE STREET CORN GUACAMOLE \$14 🥑 🌿

Smashed avocado, charred corn truffle crema, cotija, chili-lime spice, crisp tortilla chips.

CHINESE CHILI CHICKEN \$14

Karaage chicken, sweet & spicy Chinese five spice sauce, fresh cucumber, crispy chow mein, sesame seeds.

PARMESAN TRUFFLE FRIES \$9 🥑

SWEET POTATO FRIES \$9 🥑

Chipotle Aioli.

MASALA CALAMARI \$16 🌿

Chickpea & rice flour coating, crisp slaw, garam masala, cilantro, spiced lemon aioli, spicy mango dip.

CAULIFLOWER BITES \$14 🥑

Pretzel breaded, ranch drizzle.

CHOICE OF SAUCE: Buffalo, Korean BBQ, Gold Rush, Honey Garlic

P&K POUTINE \$12

Pork gravy, fresh cut fries, cheese curds.

ADD: EXTRA CHEESE CURDS+\$3

PUB CLASSIC WINGS \$16

Lightly dusted, carrots, dill ranch.

CHOICE OF SAUCE: Buffalo, Korean BBQ, Gold Rush, Honey Garlic

LIL' NACHOS \$12 🌿 🥑

Cheese sauce, house cheese blend, shredded lettuce, mixed peppers, sliced jalapeño, cumin sour cream, black bean, smashed avocado, fire roasted salsa.

ADD: JACKFRUIT+\$5 🥑 | **GRILLED CHICKEN+\$6**

FISH TACOS \$15

Tempura battered haddock, crisp slaw, cilantro infused oil, avocado, cotija cheese.

JACKFRUIT TACO \$15 🥑

Korean glazed jackfruit, mango, fresh jalapeño, honey yogurt.

Green GOODNESS

ADD GRILLED CHICKEN+\$6 | GRILLED SALMON+\$8.5 | FALAFEL+\$6

CLASSIC CAESAR SALAD LARGE \$15 or SMALL \$11 🥑

Parmesan, house baked croutons, bacon, charred lemon.

KALE & SUMMER BERRY SALAD \$17 🌿 🥑

Quinoa, strawberries, blueberries, sunflower seeds, pomegranate seeds, goat cheese, poppy seed dressing.

PEPPERY PUB SALAD LARGE \$15 or SMALL \$11 🌿 🥑

Greens, pickled beets, roasted edamame, goat cheese, cucumber, tomato, balsamic vinaigrette.

CRISPY CHICKEN COBB SALAD \$21

Mixed greens, bacon crisps, avocado, cucumber, shallot vinaigrette, grape tomato, blue cheese, crispy chicken, hard boiled egg.

HIPPIE BOWL \$16 🌿 🥑 🌱

Crunchy kale, shaved Brussels sprouts, carrots, red cabbage, red peppers, crisp cucumber, avocado, beetroot hummus, toasted sunflower seeds, miso tahini dressing.

DAILY TAP

All Day, Every Day

ASK WHAT WE'RE POURING

\$6

(18oz.)

\$10

(32 oz.)

The DAILY SHOT

All Day, Every Day

EVAN WILLIAMS BOURBON
JOSE CUERVO BLANCO TEQUILA
BUSHMILLS IRISH WHISKEY **\$3.50** (1 oz.)

Wine Down

WEDNESDAYS

1/2 PRICE & \$6 POURS
BOTTLES **\$6** (6 oz.)

Thorogood THURSDAYS

ASK WHAT WE'RE POURING **\$11** ONE BOURBON (1 oz.)
ONE SCOTCH (1 oz.)
ONE BEER (14 oz.)

ZERO Proof

FRUITY SANGRIA \$8

Orange juice, pineapple juice, cranberry juice, fresh berries, ginger ale.

BASIL LEMONADE PUNCH \$8

Basil leaves, lemonade, soda water.

COOL DOWN \$8

Muddled watermelon, agave nectar, fresh mint, lime juice.

BETTER for you

PINEAPPLE PEACH, KEVITA

MASTERBREW KOMBUCHA \$7 450ml



Greenhouse

LIME LEMONGRASS \$7 340ml

ULTRAVIOLET \$7 340ml



COFFEE
BALZAC'S
ROASTERS

BALZAC'S COFFEE **\$3.75**

SELECTION OF TEAS **\$3.75**

SELECTION OF JUICES **\$3.5**

Signature **PLATES**

FISH N' CHIPS \$19 *We Only Use Mill St. Organic Lager for Our Fish*
COOKED TO ORDER! Mill St. Organic beer-battered haddock, tartar sauce, charred lemon, fresh hand-cut fries. **ADD SECOND PIECE OF HADDOCK +\$8**

NOTORIOUS CHICKEN POT PIE \$17
MADE-IN-PUB! Roasted chicken, kale, smoked Canadian bacon, potato, carrot, onion, Peppery Pub Salad.

ZEN BOWL \$16 🌱
Basmati rice, asparagus, kale, onion, red pepper, garlic, Brussel sprouts, sambal oelek, soy ginger sauce, snow peas, sunny-side egg, sesame seeds, pineapple.
ADD: CHINESE CHILI CHICKEN +\$8 | SALMON +\$8.5

EAST INDIAN CHICKEN CURRY \$18
Chicken, house made curry sauce, potato, basmati rice, naan bread, cucumber raita.
SUB: CAULIFLOWER FOR CHICKEN

CLASSIC CHICKEN FINGERS PLATE \$18
Plump chicken fingers, fresh hand-cut fries, spicy slaw. **CHOICE OF:** plum or BBQ sauce.

Flat-Top **BURGERS**

FRESH 100% ONTARIO CHUCK, HAND-FORMED AND COOKED TO ORDER ON THE FLAT-TOP.
FRED'S BREAD BRIOCHE BUN WITH FRESH HAND-CUT FRIES.

Pile it on: SAUTÉED MUSHROOMS, ONION +\$1.50 EACH
CHEESE, BACON, AVOCADO +\$2 EACH
SUB: SIDE PEPPERY PUB, CAESAR SALAD, SWEET POTATO FRIES, TATER TOTS \$2.50 EACH
CLASSIC POUTINE +\$3
GLUTEN SENSITIVE BUN & LETTUCE WRAP AVAILABLE +\$2 EACH

STRAIGHT-UP \$17
100% Fresh Ontario chuck, lettuce, tomato, shoestring pickles, Russian dressing.

LIGHTLIFE PLANT BASED BURGER \$19 🌱🌿
Vegan pesto, smashed avocado, vegan chipotle aioli, cucumber, tomato, baby arugula, vegan bun.

CALI BURGER \$20
100% Fresh Ontario chuck, avocado, salsa, cheese, jalapeños, spicy aioli, topped with crispy tortilla strips.

THE GOODMAN SPECIAL \$22
100% Fresh Ontario chuck, breaded portobello mushroom, green leaf lettuce, Sriracha lime aioli, cheese, bacon, tomato, shoestring pickles.

Hand-Crafted **SANDWICHES**

SERVED WITH FRESH HAND-CUT FRIES
SUB: SIDE PEPPERY PUB, CAESAR SALAD, SWEET POTATO FRIES, TATER TOTS \$2.50 EACH
CLASSIC POUTINE +\$3

"THE CLASSIC" CRUNCHY CHICKEN \$18
Eleven herbs and spices, pickled jalapeño, sweet and spicy pickle slaw, chipotle mayo.

CHICKEN SHAWARMA WRAP \$17
Signature spice blend, tomato, shaved red onion, parsley, tahini sauce, pickles, naan, lemon yogurt dressing. **SUB: FALAFEL**

TURKEY CLUBHOUSE \$18
Whole wheat honey & oat toast, crispy bacon, honey mustard, grilled turkey tenderloin, lettuce, tomato, Havarti cheese.

DESSERTS

CHURROS \$8 🌱
Powdered sugar. Kickin' Caramel and Chili Chocolate Sauce.

IMPOSSIBLY VEGAN BROWNIE SUNDAE \$9 🌱
Vegan toffee sauce, Pub made vegan ice cream or regular ice cream.



COOK'S PLATE *of the day*

MONDAY - ALL DAY
STRAIGHT-UP BURGER & FRIES \$10

TUESDAY
MAC & CHEESE
Made-in-pub, peppery pub salad.

WEDNESDAY
\$10 PUB CLASSIC WINGS 4PM-CLOSE
Lightly dusted, carrots, dill ranch. Choice of sauce.
WHILE QUANTITIES LAST. DINE IN ONLY.
WITH A PURCHASE OF A BEVERAGE.

THURSDAY
PIEDAY
Fresh made-in-pub pie, peppery pub salad.

FRIDAY
FISH N' CHIPS \$15
Mill St. Organic beer-battered haddock, made-in-pub tartar sauce, fresh hand-cut fries.

SATURDAY
PINCH OF THIS, DASH OF THAT
Chef's Getting Creative
MARKET PRICE. FROM 5PM - WHILE QUANTITIES LAST

WEEKENDS & HOLIDAYS
BRUNCH 10AM - 2PM

Kids **MENU**

ALL SERVED WITH JUICE OR POP AND POPSICLE FOR DESSERT

DIY MINI DOGS & FRIES \$13
Grilled mini hot dogs, toasted bun, ketchup, mustard & relish.

LIL' LUNCH BOX \$13
Crackers, sliced cheddar, grapes, sliced ham.

KIDS FINGERS & FRIES \$13
Three plump chicken fingers, fresh-cut fries & plum sauce.

THE "CLASSIC" GRILLED CHEESE \$13
Egg bread, cheddar cheese & ketchup served with hand-cut fries.

SCOObI DOO PASTA \$13
Snow peas, red peppers. Choice of cheesy sauce or butter.

🌱 VEGAN | 🌿 VEGETARIAN | 🌾 GLUTEN SENSITIVE

Items as indicated are prepared with gluten-free ingredients however we cannot guarantee dishes are 100% free of gluten due to trace amounts crossing over within our kitchen. Please consider this when ordering from our menu or let us know if you have a food allergy or sensitivity.

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